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Denise Tomek, R.T.(R)(M)(QM),
saved money on her Ford
using ASRT member perks.

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Breast Sonography Bests Mammography For Women Under 40, Study Shows

Women aged 30 to 39 who have focal signs or symptoms of breast cancer should have initial screening breast ultrasounds instead of mammograms, according to a study published in the November 2012 issue of the *American Journal of Roentgenology*. A four-and-a-half-year study of nearly 1,000 women in that age range showed breast ultrasound outperforming mammography when the woman had a focal area of clinical concern.

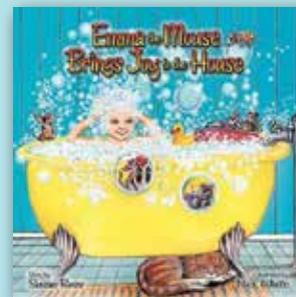
FIRST READ

Emma the Mouse Brings Joy to The House

By Susan Ross; Illustrated by Nick White
(Paperback, \$9.95)

Losing one's hair during chemotherapy can be traumatic, especially for children. Geared toward pre- and primary-school kids, *Emma the Mouse Brings Joy to the House* features a boisterous mouse family that helps a young girl cope with her hair loss during treatments for leukemia.

"I wanted to create a picture book that would address issues of childhood cancer, chemotherapy and hair loss in a way that was tender and reassuring," Canadian author Susan Ross said. "I consulted with oncologists and others in the medical field to ensure the subject matter was addressed in a factual and sensitive manner."



Emma the Mouse is thoughtful and lighthearted, making this whimsically illustrated children's book a useful conversation starter for radiation therapists to share with young patients and their parents. Sydney, the child, quickly adjusts to her baldness and focuses on the positive advantages, like quicker bathing and not worrying about her hair blowing into her ice cream cone on windy days.

Soon, Sydney's hair grows back and is now curly, delighting the dollhouse-dwelling mice who decorate her short hair with bows while the child sleeps. "In a society obsessed with appearance, it is important to assure children that, in the real world, character is what truly counts," the author wrote.

She uses her background in psychology and education to encourage vocabulary and social skills in young readers in *Emma* and her previous four books. And for an interactive bonus, kids can get crafty and create critters like those featured in the book with simple, illustrated "make your own mouse" instructions.

— Cristina Olds